



Dedicated to developing healthy minds through dance

INTENSIVE CLOTHING REQUIREMENTS 2020-2021 Season

All required clothing for girls may be purchased at PSB & Interplay. **Boys clothing may be purchased at The Shoe Room.** Please note: satin ballet slippers are not sold anywhere in the Toronto area except for PSB & Interplay.

Proper clothing must be worn for all classes.

DUE TO COVID RESTRICTIONS, PLEASE PURCHASE THE CORRECT CLOTHING ONLY IF YOUR CHILD HAS GROWN OUT OF THEIR PREVIOUS DANCEWEAR OR THEY NEED A NEW ONE

BALLET

- Wear hair in a bun and off face and neck. Pony tail secured with 2 elastics, hairnet and bun pins only. Bobby pins are to secure any wisps on sides of bun.
- No sports bras or visible bra straps are permitted in any ballet classes;
- Warm-up clothing is to be worn for pliés and tendus only, and then removed. If you need to warm up further, please do so prior to class.

Girls	
INT 1	Interplay ~ Leotard (white - Ainslie #AW-102), pink tights; pink canvas split-sole ballet slippers PSB ~ Leotard (pink - Ainslie #AW-101), pink tights; pink canvas split-sole ballet slippers
INT 2	Leotard (periwinkle – Ainslie #AW-101); pink convertible tights; pink canvas split-sole ballet slippers;
INT 3	Leotard (navy blue – Ainslie #AW-102); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes (at discretion of teacher); Thera-band
INT 4/5	Leotard (burgundy – Ainslie #AW-102); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
INT 6/7	Leotard (burgundy – Ainslie #AW-103A); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
INT 8	Leotard (teal – Ainslie #AW-103A with velvet bust); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
ENH 1-3	Leotard (periwinkle – Ainslie #AW-103A with velvet bust); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band

Pre-Intensive Leotard (navy – Ainslie #AW-110); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band

Boys
INT 1-6 MStevens Leotard #1504, Wear Moi Tights #10971 grey; white Freed dance socks #4788; white canvas split sole ballet slippers; dance belt of their choice if needed; Thera-band INT 3+

INT 7-8 MStevens Leotard #1505, Wear Moi Tights #10967 grey; tan/white Freed dance socks #4788; white/tan canvas split sole ballet slippers; dance belt of your choice; Thera-band

ALL OTHER DANCE FORMS

- Hair in ponytail and off face and neck; secured with 2 elastics
- Wearing socks without shoes is forbidden in any jazz, lyrical, contemporary or modern classes;
- Warm-up clothing is permitted for 15 minutes of class time, then must be removed; and
- Lululemon (or any other brand) tank tops are not permitted in classes save hip hop.

Jazz, Lyrical, Contemporary, Modern

INT 1-3 Leotard (black - Ainslie #AW102); black tights; bare feet for modern, contemporary & lyrical; Black Capezio or Bloch jazz shoes with suede soles for jazz

INT 4-8/Pre-INT Leotard (black – Ainslie #AW103A); black jazz pants or Body Wrappers dance shorts; bare feet for modern, contemporary & lyrical; Black Capezio or Bloch jazz shoes with suede soles for jazz
Dance knee pads

ENT 1-3 Leotard (black velvet – Ainslie #AW-103 with velvet bust); bare feet for modern, contemporary & lyrical; Black Capezio or Bloch jazz shoes with suede soles for jazz
Dance knee pads

Boys **Same as ballet except the Wear Moi Tights may be black – correct foot wear; knee pads INT 4+**

Hip Hop Any fitted t-shirt or tank top; loose-fitting track pants; socks; black hip-hop shoes or solid black indoor runners (shoes must not have any colour anywhere – it must be solid black including laces and soles)

Acro/Tumbling Any colour leotard with bare legs and feet, tight short black shorts is permitted

COMPANY & COMPETITIVE

- A Company jacket and black PSB & Interplay yoga pants are mandatory for all students
- Any colour leotard permitted in Profile & Competitive rehearsals

THE SHOE ROOM

August 2019 Hours

Tuesday - Friday 11:00AM - 6:00PM

Saturday 11:00AM - 5:00PM

Sunday & Monday CLOSED



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