



*Dedicated to developing healthy minds through dance*

## INTENSIVE CLOTHING REQUIREMENTS 2018-2019 Season

All required clothing for girls may be purchased at PSB & Interplay. **Boys clothing may be purchased at The Shoe Room.** Please note: satin ballet slippers are not sold anywhere in the Toronto area except for PSB & Interplay.

Proper clothing must be worn for all classes.

**IF YOU DO NOT DRESS CORRECTLY, YOU WILL NOT BE PERMITTED TO DANCE.**

Please abide by the below-listed clothing requirements.

### BALLET

- Wear hair in a bun and off face and neck;
- No sports bras or visible bra straps are permitted in any ballet classes;
- Warm-up clothing is to be worn for pliés and tendus only, and then removed.  
If you need to warm up further, please do so prior to class.

Girls	
INT 1	Leotard (pink - Ainslie #AW-115), pink tights; pink canvas split-sole ballet slippers; black low-heel character shoes
INT 2	Leotard (periwinkle blue – Ainslie #AW-101); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes (at discretion of teacher);
INT 3/4	Leotard (navy – Ainslie #AW-102); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
INT 5/6/Pre-INT	Leotard (burgundy – Ainslie #AW-102); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
INT 7	Leotard (navy – Ainslie #AW-110); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
INT 8	Leotard (teal – Ainslie #AW-103A with velvet bust); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
ENH 1-3	Leotard (purple – Ainslie #AW-103A with velvet bust); pink convertible tights; pink canvas split-sole ballet slippers; pointe shoes – 2 pairs at all times; Thera-band
Boys	
INT 1-6	MStevens Leotard #1504, Wear Moi Tights #10971 grey; white Freed dance socks #4788; white canvas split sole ballet slippers; dance belt of their choice if needed; Thera-band INT 3+
INT 7-8	MStevens Leotard #1505, Wear Moi Tights #10967 grey; tan/white Freed dance socks #4788; white/tan canvas split sole ballet slippers; dance belt of your choice; Thera-band

## ALL OTHER DANCE FORMS

- Hair in ponytail and off face and neck;
- Wearing socks without shoes is forbidden in any jazz, lyrical, contemporary or modern classes;
- Warm-up clothing is permitted for 15 minutes of class time, then must be removed; and
- Lululemon (or any other brand) tank tops are not permitted in classes save hip hop.

### Jazz, Lyrical, Contemporary, Modern

INT 1-3 Leotard (black - Ainslie #AW102); black tights; bare feet for modern, contemporary & lyrical; black jazz shoes for jazz

INT 4-8/Pre-INT Leotard (black – Ainslie #AW103A); black jazz pants or Body Wrappers dance shorts; bare feet for modern, contemporary & lyrical; black jazz shoes for jazz; knee pads

ENT 1-3 Leotard (black velvet – Ainslie #AW-103 with velvet bust); bare feet for modern, contemporary & lyrical; black jazz shoes for jazz; knee pads

**Boys** **Same as ballet except the Wear Moi Tights may be black – correct foot wear; knee pads INT 4+**

**Hip Hop** Any fitted t-shirt or tank top; loose-fitting track pants; socks; black hip-hop shoes or solid black indoor runners (shoes must not have any colour anywhere – it must be solid black including laces and soles)

**Acro/Tumbling** Any colour leotard with bare legs and feet

## COMPANY & COMPETITIVE

- A Company jacket and black PSB & Interplay yoga pants are mandatory for all students
- Any colour leotard permitted in Profile & Competitive rehearsals

## THE SHOE ROOM



*August 2018*

Tuesday - Friday	11:00AM - 6:00PM
Saturday	11:00AM - 5:00PM
Sunday	CLOSED
Monday	CLOSED

**INTERPLAY:** 250 Davisville Ave, Units 502-504 | Toronto, ON | M4S 1H2 | T: (416)972-1316 | F: (416)972-1497 | [staff@interplay-dance.ca](mailto:staff@interplay-dance.ca)

**PSB1:** 91 Rylander Blvd, Unit 9B | Toronto, ON | M1B 5M5 | T: (416)284-6784 | F: (416)284-0622 | [psboffice@bellnet.ca](mailto:psboffice@bellnet.ca)

**PSB2:** 2351 Kingston Rd, Unit C | Toronto, ON | M1N 1V1 | T: (416)261-9312 | [psbkingstonroad@rogers.com](mailto:psbkingstonroad@rogers.com)

[www.psb-interplay-dance.ca](http://www.psb-interplay-dance.ca)